



ELITE CANADA 2023

TRAMPOLINE GYMNASTICS

DIRECTIVES

LONGUEUIL, QC

MARCH 15-19, 2023



GYMCAN	<p>Gymnastics Canada RA Centre, 2451 Riverside Dr., Ottawa, ON, K1H 7X7 Tel: (613) 748-5637 Website: www.gymcan.org</p> <p>Ian Moss – Chief Executive Officer imoss@gymcan.org</p> <p>Karen Cockburn – National Team Director, TG kcockburn@gymcan.org</p> <p>Niki Lavoie – Program Manager, TG nlavoie@gymcan.org</p> <p>Patrick Desjardins – Coordinator, High Performance pdesjardins@gymcan.org</p> <p>Nuri Kim – Coordinator, High Performance nkim@gymcan.org</p>
LOCAL ORGANIZING COMMITTEE	<p>Committee: Virtuose Centre Acrobatique Address: 120, René-Philippe Lemoine, Québec J4R 2K1</p> <p>Organizing Committee: Chair: Marie-Caroline Petit Technical Director: Alain Duchesne Logistics: Éline Legault Finance: Marie-Caroline Petit Marketing & Communication: Marie-Caroline Petit Scoring: Kim Nguyen Protocol: Geneviève Turgeon</p>
LOCATION	Longueuil, Qc
DATES	March 15-19, 2023
VENUE	Complexe sportif Cégep Édouard-Montpetit



P: 613.748.5637 | E: info@gymcan.org

RA Centre, 2451 promenade Riverside Drive, Ottawa, ON K1H 7X7

WWW.GYMCAN.ORG

	<p>260 Rue de Gentilly E Longueuil, QC J4H 4A4</p> <p>Parking: Free (to be confirm)</p>
APPARATUS SUPPLIER	<p>4 Eurotramp Trampolines competition and 2 warm-up) – Eurotramp Ultimate 4x4 #03250 1 Double Mini Trampoline – Eurotramp Ultimate DMT 6x6 1 full set of Tumbling – Speithway Germany</p>
INVITED MEMBERS	<p>All members who met eligibility requirements according to this document and anyone invited by Gymnastics Canada.</p>
EVENT FORMAT	<p>The competition will follow the rules set out in the 2021-2024 FIG Code of Points, FIG Newsletters and the GymCan’s TG Competition Regulations and Canadian Pathways.</p> <p>PURPOSE</p> <ul style="list-style-type: none"> Identify Junior, Development and Senior athletes for the competitive year and to rank athletes as part of the system to have access to National team status and Sport Canada Athlete Assistance Program (APP Carding – Trampoline) Trial for the 2023 World Championships (all events); Trial for the 2023 World Age Group Championships (all events); Trial for the upcoming 2023 World Cups (all events)
ELIGIBILITY	<p>ATHLETES</p> <p>National level athletes in the categories listed below in Trampoline (individual and synchronized), Tumbling, and/or Double Mini Trampoline who are in good standing with their Provincial/Territorial Federation/Association and GymCan are eligible to register.</p> <p>TRI & DMT: L5 (14U), L5 (15-16), L5 (17+), L6 (14U), L6 (15-16), Junior (13-16), L7 (17+), Senior (17+)</p> <p>TUM: L5 (14U), L5 (15-16), L5 (17+), L6 (14U), L6 (15-16), Junior (13-16), L7 (17+), Senior (17+)</p> <p>SYN: L5 (11+), L6(11+, recommended 13+), Senior (17+) (Women’s, Men’s Mixed Categories) **Athletes may register in EITHER the Male, Female OR Mixed Category</p> <p>COACHES</p> <p>All registered coaches must be certified NCCP Level 3 in Trampoline in order to coach Trampoline or Double Mini Trampoline. Coaches registered to coach in Tumbling must be certified NCCP Level 3 in either Trampoline or Artistic Gymnastics. A one-time exemption may be requested in writing to the Trampoline Program Manager. A coach who is employed on a full-time basis by an organization based outside of Canada is exempted from this requirement.</p>



	<p>All coaches, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who will participate in GymCan national competitions must have completed the following requirements. Failure to do so will result in a withholding of your accreditation and you will be denied access to the field of play, competition and training venues. Please submit proof of completion to the pdesjardins@gymcan.org. One email with all proofs of completion per coach, support staff, judge and IST is highly preferred.</p> <p>If you have already submitted proof of completion for Respect in Sport, TrueSport Clean and Making Headway, you do not need to submit them again. To submit an updated Enhanced Background Check (valid within 12 months of competition date), please submit it to pdesjardins@gymcan.org.</p> <p>**PLEASE BE ADVISED THAT THE SCREENING REQUIREMENTS ARE CURRENTLY UNDER REVIEW AND MAY BE SUBJECT TO CHANGE FOR FUTURE EVENTS.</p> <table border="1" data-bbox="467 772 1404 1543"> <thead> <tr> <th>Requirements</th> <th>Comments</th> </tr> </thead> <tbody> <tr> <td>Completed Enhanced Background Check, Canada-wide and/or International Police Checks http://sterlingbackcheck.ca/cac_acc</td> <td>Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.</td> </tr> <tr> <td>Complete <i>Respect In Sport</i> online e-learning module package http://gymcan.org/resources/respect-in-sport</td> <td>Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost. Required for coaches, support staff, judges and IST</td> </tr> <tr> <td>True Sport Clean101 UNTRACKED e-learning course http://cces.ca/truesportclean101untracked</td> <td>Free module. Required for coaches and IST.</td> </tr> <tr> <td>CAC Making Headway online learning module. www.coach.ca/concussion</td> <td>Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.</td> </tr> </tbody> </table>	Requirements	Comments	Completed Enhanced Background Check, Canada-wide and/or International Police Checks http://sterlingbackcheck.ca/cac_acc	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.	Complete <i>Respect In Sport</i> online e-learning module package http://gymcan.org/resources/respect-in-sport	Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost. Required for coaches, support staff, judges and IST	True Sport Clean101 UNTRACKED e-learning course http://cces.ca/truesportclean101untracked	Free module. Required for coaches and IST.	CAC Making Headway online learning module. www.coach.ca/concussion	Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.		
Requirements	Comments												
Completed Enhanced Background Check, Canada-wide and/or International Police Checks http://sterlingbackcheck.ca/cac_acc	Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual. Required for coaches, support staff, judges and IST.												
Complete <i>Respect In Sport</i> online e-learning module package http://gymcan.org/resources/respect-in-sport	Cost is the responsibility of the individual. Check with your respective province/territory as some may cover the cost. Required for coaches, support staff, judges and IST												
True Sport Clean101 UNTRACKED e-learning course http://cces.ca/truesportclean101untracked	Free module. Required for coaches and IST.												
CAC Making Headway online learning module. www.coach.ca/concussion	Free module – will be included in coach NCCP records on the Locker. Required for coaches and IST.												
REGISTRATION	<p>Deadlines</p> <table border="1" data-bbox="467 1640 1404 1850"> <tbody> <tr> <td>Registration (Excel form)</td> <td>February 12th, 2023</td> </tr> <tr> <td>Payment (credit card or cheque)</td> <td>February 12th, 2023</td> </tr> <tr> <td>Late Registration (\$50 late fee)</td> <td>February 26th, 2023</td> </tr> <tr> <td>Waiver and Medical Forms</td> <td>February 26th, 2023</td> </tr> <tr> <td>Judges Registration, Travel Information and Shuttle Request</td> <td>February 26th, 2023</td> </tr> <tr> <td>Refund Request Deadline</td> <td>March 4th, 2023</td> </tr> </tbody> </table>	Registration (Excel form)	February 12 th , 2023	Payment (credit card or cheque)	February 12 th , 2023	Late Registration (\$50 late fee)	February 26 th , 2023	Waiver and Medical Forms	February 26 th , 2023	Judges Registration, Travel Information and Shuttle Request	February 26 th , 2023	Refund Request Deadline	March 4 th , 2023
Registration (Excel form)	February 12 th , 2023												
Payment (credit card or cheque)	February 12 th , 2023												
Late Registration (\$50 late fee)	February 26 th , 2023												
Waiver and Medical Forms	February 26 th , 2023												
Judges Registration, Travel Information and Shuttle Request	February 26 th , 2023												
Refund Request Deadline	March 4 th , 2023												



	<p>Registration Fees Athletes: \$130 + \$20 per additional discipline Coaches: \$105</p> <p>Forms, payment and refund requests must be sent to nlavoie@gymcan.org by the deadlines.</p> <p>No registrations will be accepted after February 26th, 2023, unless special dispensation is given by the Trampoline Gymnastics Program Manager. In which case a \$75 penalty fee per registered participant (athletes and coaches) will be added to the registration fee – no refund.</p> <p>No refund after March 4th. Clubs will however need to inform us for any scratch after this date.</p> <p>All forms must be fully completed. Missing or incomplete forms may jeopardise the eligibility of an athlete.</p>																						
<p>PRELIMINARY SCHEDULE</p>	<p>Trampoline & DMT</p> <table border="1" data-bbox="469 871 1352 1140"> <tr> <td>Wednesday March 15, 2023</td> <td>Arrival</td> </tr> <tr> <td>Thursday March 16, 2023</td> <td>Training, Orientation Meeting, Technical Meeting, Qualifications possible, depending on Registrations</td> </tr> <tr> <td>Friday March 17, 2023</td> <td>Qualification</td> </tr> <tr> <td>Saturday March 18, 2023</td> <td>Qualification</td> </tr> <tr> <td>Sunday March 19, 2023</td> <td>Finals</td> </tr> <tr> <td>Monday March 20, 2023</td> <td>Departure</td> </tr> </table> <p>Tumbling</p> <table border="1" data-bbox="469 1270 1352 1503"> <tr> <td>Thursday March 16, 2023</td> <td>Arrival</td> </tr> <tr> <td>Friday March 17, 2023</td> <td>Training, Technical Meeting, Orientation Meeting, Qualifications possible, depending on Registrations</td> </tr> <tr> <td>Saturday March 18, 2023</td> <td>Qualification</td> </tr> <tr> <td>Sunday March 19, 2023</td> <td>Finals</td> </tr> <tr> <td>Monday March 20, 2023</td> <td>Departure</td> </tr> </table> <p>Please note that training for tumbling will be offered on Thursday, March 16th as well. All judges are required to be present at their respective Technical Meetings.</p>	Wednesday March 15, 2023	Arrival	Thursday March 16, 2023	Training, Orientation Meeting, Technical Meeting, Qualifications possible, depending on Registrations	Friday March 17, 2023	Qualification	Saturday March 18, 2023	Qualification	Sunday March 19, 2023	Finals	Monday March 20, 2023	Departure	Thursday March 16, 2023	Arrival	Friday March 17, 2023	Training, Technical Meeting, Orientation Meeting, Qualifications possible, depending on Registrations	Saturday March 18, 2023	Qualification	Sunday March 19, 2023	Finals	Monday March 20, 2023	Departure
Wednesday March 15, 2023	Arrival																						
Thursday March 16, 2023	Training, Orientation Meeting, Technical Meeting, Qualifications possible, depending on Registrations																						
Friday March 17, 2023	Qualification																						
Saturday March 18, 2023	Qualification																						
Sunday March 19, 2023	Finals																						
Monday March 20, 2023	Departure																						
Thursday March 16, 2023	Arrival																						
Friday March 17, 2023	Training, Technical Meeting, Orientation Meeting, Qualifications possible, depending on Registrations																						
Saturday March 18, 2023	Qualification																						
Sunday March 19, 2023	Finals																						
Monday March 20, 2023	Departure																						
<p>DD SHEETS</p>	<p>The organizing committee would be very grateful if the DD sheets could be sent in advance via email. Please send them before March 4, 2023 at info@virtuosecentreacrobatiq.ca</p> <p>The DD sheets are available HERE</p>																						



ACCOMMODATIONS	<p>Holiday Inn Montréal/Longueuil 900, rue St-Charles Est Longueuil, Qc J4H 3Y2 Sans frais / Toll Free : 1-800-263-0159 www.holidayinnlongueuil.com</p> <p>Starting at \$164 + tx Breakfast (buffet) from \$14 Free parking and WiFi</p> <p>***Group code: CQC At 2.4 km from the competition location No deadline for booking</p> <p>Hôtel Sandman 999, rue Sévigny Longueuil, Qc J4K 2T1 Tél sans frais : 1-800-493-7303 Toll free : 1-800-726-3626 www.sandmanhotels.com</p> <p>Starting at 135\$ + tx Free parking and WiFi *** Group code: groupe 2303VIRTUO At 4 km from the competition location</p> <p>Deadline to book: February 22, 2023</p>
TRAVEL	<p>Boulevard Travel is pleased to offer their exclusive “Sports Air Program” to all members.</p> <p>Sports Air Program with Air Canada and WestJet for Groups – Minimum 10 tickets to be eligible</p> <ol style="list-style-type: none"> 1. Air fare – We have exclusive air fares with both Air Canada and WestJet. These fares are negotiated to ensure the absolute best price with the best flexibility in the industry. 2. Free tickets – our programs both include 1 free ticket for every 15th paid (16th paying taxes only) 3. Name change – free and/or discounted name changes after ticketing 4. Payments – NO deposits, NO payments until ticketing 5-7 days prior to departures / merely a signed contract with commitment dates 5. Baggage – 1 free standard checked bag per person per direction 6. Advance seating – booked for all groups 7. Travel documents / Reporting – Boulevard Travel has developed a number of customized platforms to help with reporting and document delivery which makes travel extremely easy. <p>To secure the best available rate and to discuss booking details, please contact: Boulevard Travel (403) 237-6233</p> <ul style="list-style-type: none"> • Sharon Phelps, Senior Group & Sport Travel Consultant sharonp@boulevardtravel.com Direct: (403) 802-4270



	<ul style="list-style-type: none"> Corinne Palin – Group Account Manager corinep@boulevardtravel.com Direct: (403) 802-4284
LOCAL TRANSPORTATION	<p>Clubs are responsible for their own local transportation.</p> <p>Judges Transportation Transportation will be arranged for judges between the airport, venue and the judges' host hotel by the organizing committee. Judges: please send written request for local shuttle to the LOC at direction@virtuosecentreacrobatique.ca by February 26th.</p> <p>Judges must book their return flight on Sunday, March 19th with a departure time AFTER 9 pm. Failure to do so may result in a fine.</p>
MEALS	<p>There is no meal plan for this event. Clubs are responsible to cover full room and board for participants.</p> <p>A hospitality room will be provided for the coaches and judges during training and competition.</p>
MEDICAL SERVICES	<p>There will be a medical team on site throughout the competition.</p> <p>Doping control could be conducted for Senior athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
ACCREDITATIONS	<p>The GymCan accreditation procedures will apply. The system consists of colour coded categories and access zones. GymCan reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditations will be distributed upon arrival at the competition venue. The accreditation must be worn to access the venue and the competition area.</p>
PROTOCOL & AWARD CEREMONIES	<p>There will be a short welcome ceremony during the event. The Canadian National Anthem will be played before the first session of competition.</p> <p>Award Ceremonies All disciplines and categories – Top 6 athletes Athletes must be present to receive their medal</p> <p>Dress code on the awards podium Athletes: Accept awards in Club Track Suit</p>



JUDGES		Provincial judges' allocation for Elite Canada 2023 is as follows:			
		TRA	TUM	DMT	PTO TOTAL
BC		2	2	2	6
AB		2	2	2	6
SK(2)/MB (1)		1	1	1	3
ON		2	2	2	6
QC		2	2	2	6
NB/NS/NL		1	0	0	1
TOTAL		10	9	9	28

These are the number of judges each province must provide for each discipline.

Three (3) panels **may** run at the same time. The schedule **may** not allow judges to combine disciplines.

All judges need to be at least National level or higher. Trampoline judges must be available for all sessions; that said, the same judge cannot be sent for both TRA and SYN *or* for DMT and TUM.

Provinces are responsible for sending the minimum number of judges outlined above or finding a replacement judge to act on their behalf. The fine for not providing the required number of National judges is \$1,000 for each missing judge.

Gymnastics Canada will provide funding for some FIG judges selected by GymCan. **Minimum number of FIG judges per Province is as follows:**

AB = 2
BC = 2
ON = 2
QC = 2
SK/MB = 1
(PTO's, please refer to the Request for Judges letter)

Provinces who are not required to send any judges but who are sending athletes to Elite Canada are encouraged to send one (1) judge. This will ensure that the information that is being discussed at judges' meetings and on panels can be brought back to the provinces to aid the development of the athletes and judges in their own provinces. Any questions can be directed to Sébastien Rajotte at sebasrajotte@gmail.com.

Travel to and from the airport will be provided via hotel airport shuttle. Please see accommodations section for booking details.

Please complete and return the Judges' Registration Form to Sébastien Rajotte at sebasrajotte@gmail.com by **February 26th, 2023**.



MEDIA	Taylor Matthews Coordinator, Communications Gymnastics Canada comms@gymcan.org
SOCIAL MEDIA	Facebook: www.facebook.com/gymcan1 Twitter: @gymcan1 Instagram: @gymcan1 YouTube: www.youtube.com/user/gymcan1
WEBCAST	TBD
TICKETS	Adults: \$15/day or \$25 for the event pass Student (5-18) & Senior (60+): 10 \$/day or \$15 for the event pass Children (under 5): free

